

Figure Skating Club of Rio Rancho New Mexico

Code of Conduct

Applies to Members, Parents, Guardians, and Family Members of Members

General Member Code of Conduct – Applies to Everyone

- 1) As a member, or parent of a member, or guardian of a member, of the Figure Skating Club of Rio Rancho New Mexico, you are representing our club. Make sure that you are conducting yourself in a manner that reflects positively on our club.
- 2) Members, parents of members, guardians of members, or family members of members, shall not engage in any behavior deemed inappropriate or detrimental to the club or the good name thereof, or any behavior designed to harass club members, skaters, coaches, officials, ice rink staff, or spectators.
- 3) Coaches should be made aware in advance of any planned absences from instruction or practice.
- 4) Coaches should not be disturbed during a lesson. Discussions with a coach should occur before or after practice, or a meeting should be scheduled off the ice.
- 5) Tantrums, critical remarks, gossip, foul language, vulgar gestures, negativity, and showing disrespect are unacceptable behaviors and will not be tolerated.
- 6) As a member of the club, I understand that occasionally I will be asked to volunteer to assist with club-related functions or activities.

Skater Specific Code of Conduct

- 1) Skaters must follow rink safety codes at all times – whether at home or visiting. No food, drinks, candy, or gum is permitted on the ice at any time.
- 2) Skaters are expected to show good sportsmanship.
- 3) Skaters must show respect at all times to parents, coaches, officials, fellow skaters and spectators. Critical remarks or talking back is not acceptable.
- 4) Skaters must follow the instruction of their coaches during regular classes, private lessons, public sessions, and exhibition/rehearsal time.
- 5) Skaters must approach their ice time with a positive attitude and a determination to try their best and make the most of their time on the ice.
- 6) I will not use, conceal, possess, purchase, accept, or transmit any illegal drugs. If I am under 21 (in the case of alcohol) or under 18 (in the case of tobacco), I will not use, conceal, possess, purchase, accept, or transmit alcohol or tobacco products. If I am 21 or older, I will not provide to or condone the use of alcohol/tobacco by minors, or abuse alcohol in the presence of members or at any club-related activity or function.

Parent/Guardian Specific Code of Conduct

(In the case of a guardian, replace "my child" with "my ward" below)

- 1) I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
- 2) I will encourage my child to treat all other members, coaches, Board members, other member's parents and other officials with respect.
- 3) I will place the emotional and physical well-being of my child ahead of my personal desire to win.
- 4) I will encourage my child skate in a safe and healthy environment.
- 5) I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 6) I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
- 7) I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
- 8) I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction, not mine.
- 9) I will show respect at all times to other parents, coaches, skaters, spectators, rink staff, and officials. I will guide my child to show the same respect, regardless of race, creed, color, sexual orientation or ability.
- 10) I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
- 11) I will teach my child to resolve conflicts without resorting to hostility or violence.
- 12) I will be a positive role model for my child and other skaters.
- 13) I will demand a figure skating environment for my child that is free from drugs and alcohol abuse. I will not provide alcohol to or condone the use of alcohol by minors, or abuse alcohol in the presence of members or at any club-related activity or function.
- 14) I will not assist or condone any competing athlete's use of a drug outlawed by local, state, or federal authorities, or by the International Olympic Committee, International Skating Union, United States Olympic Committee or U.S. Figure Skating.
- 15) I will encourage my child's coach to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
- 16) I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices (on or off the ice) because it may conflict with the coach's plan or strategies.

- 17) I will respect the decisions of my child's coach with regards to skating time, level of instruction, and performance practice and participation.
- 18) I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
- 19) I will show appreciation and recognize the importance of volunteers and club officials.
- 20) I will study the rules of the U.S. Figure Skating and teach my child accordingly, so that we have an understanding and appreciation of the rules of competition and membership.
- 21) I will support all the opponents in my child's competition and respect the rights of all skaters to participate.
- 22) I will represent myself positively and not undermine the authority of coaches, club Board members, officials, or other club volunteers.
- 23) I will not verbally or physically abuse any club members (including my own child), coaches, club Board members, officials, other member parents, or volunteers.

Violations of the Code of Conduct

The Board of the Figure Skating Club of Rio Rancho New Mexico shall have the power to reprimand, suspend, disqualify, and/or permanently expel any member who in its opinion has violated this code of conduct or whose parent, guardian, or family member has violated this code of conduct. Disciplinary actions may be as simple as a verbal warning but may include written warning(s) all the way to disciplinary hearings before the Board possibly leading to the member being suspended or expelled from the Figure Skating Club of Rio Rancho New Mexico. If a code of conduct violation is committed by a parent, guardian, or family member of the club member, the board may temporarily or permanently suspend that person from participating in or attending any club-related function or activity.

Filing a Complaint

Anyone may file a complaint, in writing, signed and dated, to the President of the Figure Skating Club of Rio Rancho New Mexico. Note that complaints may not be anonymous – any anonymous complaint will be disregarded.

Suggestions or Concerns

Suggestions or concerns regarding this code of conduct should be directed in writing to the Board.

Agreement Signatures

It is understood that we (the undersigned) have read the above code of conduct and will adhere to it. We understand that if this agreement IS NOT signed by all parties and returned to the Figure Skating Club of Rio Rancho New Mexico Board, the club member will be ineligible to participate in club activities will not be allowed to represent the club at any figure skating competition or test session. I accept the agreement as noted above. I am aware that my signature below fully obliges me to comply with the above terms and I become responsible for my knowledge of the above terms.

***I have read and agree to abide by the Figure Skating
Club of Rio Rancho New Mexico Code of Conduct.***

Member Name (Printed)	Date
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Member Signature	Date
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Signature of Parent/Guardian**	Date
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*** If signing member is a minor*

FSCRRNM Board Member Signature	Date
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